



HIS HEALTH  
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## His Health PrEP CME/CNE Supplemental Reading

### Research Articles

1. Grant, R. M., Lama, J. R., Anderson, P. L., McMahan, V., Liu, A. Y., Vargas, L., ... & Montoya-Herrera, O. (2010). Preexposure chemoprophylaxis for HIV prevention in men who have sex with men. *New England Journal of Medicine*, 363(27), 2587-2599.
  - This study found that oral FTC–TDF provided protection against the acquisition of HIV infection among the subjects and detectable blood levels were strongly correlated with the prophylactic effect.
2. Krakower, D. S., & Mayer, K. H. (2016). The role of healthcare providers in the roll out of preexposure prophylaxis. *Current Opinion in HIV and AIDS*, 11(1), 41-48.
  - This study reviews the most recent studies assessing the preparedness of healthcare practitioners to provide anti-HIV preexposure prophylaxis (PrEP) and suggest areas for future implementation research.
3. Grant, R. M., & Koester, K. A. (2016). What people want from sex and preexposure prophylaxis. *Current Opinion in HIV and AIDS*, 11(1), 3-9.
  - This study highlights how current PrEP implementation provides direct and indirect benefits that are highly desired.

### Presentations

1. Golub, S.A. (2012.) Impact of PrEP Messaging Factors on Comprehension, Adherence Motivation, and Risk Compensation Intentions [Powerpoint Slides]. Retrieved from <http://www.nqcqualityacademy.org/p9j4l4mp36b/http://www.incarecampaign.org/files/iapac-2013-conference/impact-of-prep-messaging-factors-6-3-13/>
  - This project applies empirical findings and theoretical models from behavioral economics, social psychology, decision-sciences, health communication, and neuroeconomics to the development of PrEP messaging and communication strategies, in order to: (1) Examine the independent and cumulative impact of

- four elements of PrEP messaging - modality, frame, specificity, and messenger - on comprehension and acceptability of PrEP as a biomedical prevention strategy;(2) Estimate the impact of each of these factors on individual risk-perception and predicted sexual behavior in the context of PrEP use;(3) Identify individual-level factors, (i.e. demographics, risk tolerance, health numeracy), that might moderate the impact of message factors on comprehension, acceptability, risk perception, or risk compensation;and (4) Provide specific recommendations regarding the optimal message elements and communication strategies for PrEP in order to maximize comprehension and acceptability, while positively impacting risk perception and reducing the likelihood of risk compensation.
2. Calabrese, S., St. George, D., Callis, B., Buchelli, M. (2015.) Impact of PrEP Messaging Factors on Comprehension, Adherence Motivation, and Risk Compensation Intentions [Powerpoint Slides]. Retrieved from [http://www.lgbthealtheducation.org/wp-content/uploads/Implementing-PrEP-for-HIV-Prevention\\_Final.pdf](http://www.lgbthealtheducation.org/wp-content/uploads/Implementing-PrEP-for-HIV-Prevention_Final.pdf)
    - This webinar presents challenges and successes that providers have experienced in adopting PrEP into clinical practice, providing examples that the Massachusetts and Connecticut DoH is doing to support PrEP implementation
  3. Malebranche, D. (2015.) Beyond PrEP: Intersectionality, Resilience, & the Health of Black MSM [Powerpoint Slides]. Retrieved from <http://www.slideshare.net/JimPickett/beyond-prep-intersectionality-resilience-the-health-of-black-msm>
    - This presentation provides information on approaches to health among BMSM by redefining intersectionality, resilience and health in relation to PrEP availability and prescription for young BMSM.
  4. Ard, K.L. (2015). PrEP in the Real World: Clinical Case Studies [Powerpoint Slides]. Retrieved from <https://careacttarget.org/library/prep-real-world-clinical-case-studies>
    - In this webinar, Kevin Ard, MD, MPH, presents case studies that illustrate clinical challenges in caring for patients eligible for PrEP and discusses controversies regarding PrEP management.
  5. Smith, D.K., Flash, C., Thrun, M. (2014). NCSW Webinar: PrEP 101 for STD Directors [Powerpoint Slides]. Retrieved from <https://www.youtube.com/watch?v=R1B2MhV3rds&feature=youtu.be>
    - This webinar discusses the evidence supporting PrEP, any additional research on PrEP planned/findings still to be released, physician's attitudes toward PrEP. The webinar also covers materials that currently exist to provide education to providers and patients about PrEP and materials that are available to health departments for patients who are eligible and interested. The webinar discusses how evaluating eligibility overlaps with STD screening guidelines.

### **Reports and Factsheets**

1. Black AIDS Institute. (2016). Black Lives Matter: What's PrEP got to do with it? Los Angeles, CA. Retrieved from <http://www.blackprep.org/assets/16-prep-report.pdf>

- The goal of this report is to make sure Black communities have all the information available and access to every tool in the HIV prevention and treatment toolbox. This report aims to further awareness and commitment about rolling out PrEP in Black America where appropriate. PrEP is not a silver bullet. Searching for “the silver bullet” has undermined progress in our communities. Bio medical interventions, including PrEP clearly work, but they must be combined with behavioral interventions, community infrastructure, progressive public health policies and investments in Black organizations.
2. Rodger A, et al. (2014). 21st CROI. Boston. Abstract 153LB.
    - This report presents study findings of the PARTNER study examining HIV transmission risk through condomless sex in serodiscordant couples.
  3. YBGLI. (2014). PrEP for Black Gay and Bi-sexual Men in the US: What You Need to Know. Retrieved from <http://www.avac.org/resource/prep-black-gay-and-bi-sexual-men-us-what-you-need-know>
    - This factsheet includes information on accessing and paying for PrEP, side effects and outlines key information on the relevance of PrEP for Black gay and bisexual men.
  4. AIDS United. (2015). PrEP Kit: A Resource Guide about Pre-Exposure Prophylaxis, National and Local Resources. Retrieved from [https://www.aidsunited.org/data/files/Site\\_18/PrEP\\_Kit\\_Dec15\\_final.pdf](https://www.aidsunited.org/data/files/Site_18/PrEP_Kit_Dec15_final.pdf)
    - This PrEP toolkit was created to provide staff in community-based organizations with an all-in-one resource for information on PrEP. The toolkit is divided into seven sections. If viewed electronically, the chapter titles link directly to the corresponding section of the toolkit. The toolkit is organized into 7 parts: 1. What is PrEP? 2. Who Is PrEP for? 3. PrEP Research: How we know it works 4. Kinds of PrEP 5. Preparing your clients for PrEP 6. PrEP cost and payment resources 7. General PrEP resources. The resource section at the end of this kit provides links to other resources on PrEP that are available across the Web.
  5. United Nations Programme on HIV/AIDS (UNAIDS). (2015). Oral Pre-Exposure Prophylaxis: Questions and Answers. Retrieved from [http://www.unaids.org/en/resources/documents/2015/Oral\\_pre-exposure\\_prophylaxis\\_questions\\_and\\_answers](http://www.unaids.org/en/resources/documents/2015/Oral_pre-exposure_prophylaxis_questions_and_answers)
    - This guide provides questions and answers regarding PrEP basics, eligibility, adherence, risk compensation, side effects, cost, and overall implementation.