



HIS HEALTH
Grow strong together.

His Health Transgender Health CME/CNE Supplemental Reading

Articles

1. Crosby, R. A., Salazar, L. F., & Hill, B. J. (2016). Gender Affirmation and Resiliency Among Black Transgender Women With and Without HIV Infection. *Transgender Health, 1*(1), 86-93.
 - Among black transwomen at high risk of HIV acquisition or already HIV-infected, study findings suggest the possibility that socially based GA may play a prominent role in strengthening the resiliency and mental health of black transwomen. This same protective effect may not occur as a consequence of gender affirming body modification practices.
2. Follins, L. D., Walker, J. N. J., & Lewis, M. K. (2014). Resilience in Black Lesbian, Gay, Bisexual, and Transgender Individuals: A Critical Review of the Literature. *Journal of Gay & Lesbian Mental Health, 18*(2), 190-212.
 - This paper examines resilience and LGBT social science literatures, focusing on factors that may lead to resilience in Black LGBT individuals, and offers recommendations for research and clinical practice.
3. Graham, L. F., Crissman, H. P., Tocco, J., Hughes, L. A., Snow, R. C., & Padilla, M. B. (2014). Interpersonal relationships and social support in transitioning narratives of Black transgender women in Detroit. *International Journal of Transgenderism, 15*(2), 100-113.
 - This article provides information regarding psychosocial determinants of health, such as the role of social networks in the gender transition process and the well-being of transgender communities—including ethnic minority transgender communities.
1. Gallo, V. (2015). How the Affordable Care Act Helps Transgender and Gender Non-Conforming Patients [Powerpoint presentation]. Retrieved from <https://careacttarget.org/calendar/how-affordable-care-act-helps-transgender-and-gender-non-conforming-patients>

- This webcast highlights how the Affordable Care Act has improved access to health care for transgender and gender non-conforming patients, best practices for navigating issues with insurance coverage and challenges that still face the community.
- 2. Shackelford, L. (2016). Community Engagement and Research Literacy Series Part 1: Engaging Black MSM & Transgender Persons into HIV Clinical Research [Powerpoint presentation].
 - This presentation highlights strategies for effective community engagement and research practices among BMSM and transgender communities.
- 3. Ducheny, K., Warren, C. Boots on Ground Impact of ACA Coverage for Transgender and Gender Non-Conforming (TGNC) Primary Care Patients [Powerpoint presentation]. Howard Brown Health Center
 - This presentation navigates ACA insurance to cover the care of transgender and gender non-conforming patients.
- 4. Kalra, A., (2015). Improving Access to Care Through Better Policy. [Powerpoint presentation]. Washington: Transgender Law Center.
 - This presentation highlights the Affordable Care act and Medicaid policies that benefit transgender persons.

Reports and Factsheets

1. Grant, Jaime M., Lisa A. Mottet, Justin Tanis, Jack Harrison, Jody L. Herman, and Mara Keisling. (2011). Injustice at Every Turn: A Report of the National Transgender Discrimination Survey. Washington: National Center for Transgender Equality and National Gay and Lesbian Task Force.
 - This study brings to light what is both patently obvious and far too often dismissed from the human rights agenda. Transgender and gender non-conforming people face injustice at every turn: in childhood homes, in school systems that promise to shelter and educate, in harsh and exclusionary workplaces, at the grocery store, the hotel front desk, in doctors' offices and emergency rooms, before judges and at the hands of landlords, police officers, health care workers and other service providers.
2. National Center for Transgender Equality. (2014). Medicare and Transgender People. Retrieved from <http://www.transequality.org/know-your-rights/medicare>
 - This document provides an overview of benefit questions that may arise for transgender people and information on what to do in response to an initial denial of coverage.
3. Marquez, S., Cahill, S. (2016). Transgender Women and Pre-Exposure Prophylaxis for HIV Prevention: What we know and what we still need to know. Boston: AIDS United, National Center for Innovation in HIV Care. Retrieved from

<http://www.aidsunited.org/Primers,-Fact-Sheets,-0024-Toolkits/Transgender-Women-and-PrEP.aspx>

- This document highlights the need to demonstrate that PrEP is effective for preventing HIV infection among transgender women engaging in anal intercourse with men. Research is also needed to better understand the interaction of PrEP and feminizing hormones, and any potential impact on the ability of PrEP to build up in sufficient concentrations in rectal tissue. In the meantime, PrEP is a prevention option that transgender women should consider with their medical providers. PrEP could prevent HIV infection in transgender women.
4. Sevelius, J. (2013). Transgender issues in HIV. AAHIVM. Retrieved from http://transhealth.ucsf.edu/pdf/Sevelius_HIV_Specialist_Dec13.pdf
 - This document gives providers of HIV care accurate and current information about transgender people living with HIV, including potential barriers and facilitators to engagement and retention, as well as strategies for optimizing HIV care and treatment for transgender patients.

Other Resources

1. Hormone Identification Chart. Chicago: Howard Brown Health Center. Retrieved from http://www.howardbrown.org/uploadedFiles/Services_and_Programs/Transgender_Health/Hormone%20Identification%20Chart.pdf
 - This chart provides a quick schematic of available hormone therapy drugs.