



The ManDate

Washington, DC Metropolitan Area



Snapshot

TARGET POPULATION

Black gay and bisexual men

SETTING

Host houses and Community-Based Organizations

FOUNDED

2012

DESIGN/THEORY

Socio-Ecological Model

HIV CARE CONTINUUM

Bar before the Bars to Retention in Care

SOCIAL MEDIA



Innovation

In 2011, a volunteer working group of Black gay men established Mandate/Project Healthy Living (PHL) to combat the myriad of challenges that negatively impact their health and well-being. PHL aims to fill the void in leadership and activism in response to the HIV epidemic among Black gay men.

ManDate is a systemic game changer for the health outcomes for Black MSM. Over the years, the program has rendered Project Healthy Living as part of its continuum of programs, services and activities designed to change health care delivery systems and strengthen the Black MSM community. The ManDate is not a support group; rather, it is a multi-generational, multi-experiential and multi-cultural, collective of men committed to maintaining positive and engaging spaces for Black gay men to openly explore issues relevant to holistic and sexual health, healthy relationship building as well as personal and professional development and growth.

Services

The Mandate program consists of monthly sessions, or ManDates, and an annual Health & Wellness Conference for Black gay men. The ManDate sessions provide opportunities for Black gay men to meet socially in private and community spaces to discuss concerns about their health and wellbeing. While sexual health is certainly part of these sessions, there are a breadth of topics discussed as expressed by Mandate participants. Topics include the following:

STAKEHOLDERS

- Advisory Board Members
- AIDS Health Care Foundation
- Alere
- DC Cares
- District of Columbia Health Department
- Gilead
- The Al Sura Foundation
- Us Helping US
- Whitman-Walker Health
- Young Gifted and Whole

- “Ask the Doc” sessions designed to empower men to find their voice with health care providers
- Inter-generational relationships
- Mental health
- PrEP and PEP
- Relationships, self-love and intimacy
- Sex positivity, toys and options;
- Spirituality and Sexuality; and
- Vaccinations, high blood pressure, sexually transmitted infections (STIs).

Originally developed in the Washington D.C. Metropolitan region, PHL has developed toolkits for interested parties in other jurisdictions to readily adapt The ManDate sessions.

Between

40 & 80 men 

attend **The ManDate** monthly sessions.



1,000
UNIQUE

PARTICIPANTS since 2012



“ On August 7, 2013 after having a colonoscopy, I was informed that I have cancer. For months I had been having some problems with bleeding and brought it up at The ManDate Medical Meeting a few months ago and it was suggested that I have the procedure done to determine the cause. I am so very grateful for that meeting and the information I received. Now I have been diagnosed in stage 2 and am preparing to start chemotherapy and radiation simultaneously... This is a testimony that the information we share month to month does save lives... Thank you... ManDate.”

MANDATE PARTICIPANT



Contact

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Downloads

- Environmental Scan
- Holistic Health
- The ManDate DC
- Readiness Checklist
- Stakeholder Checklist



Links

The Mandate Project Healthy Living Website